



**Long Sutton County Primary School**  
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Registered Company Number 07788995

Headteacher: Mr B Lord

Wednesday 10<sup>th</sup> June 2022

Dear Parents/Carers,

Over the next few weeks, during their PSHE lessons in the theme 'Changing Me', Year 5 pupils will be learning about healthy relationships, including friendships; families; growing and changing; and puberty. The aims of these sessions are to give the children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. There will be 3 specific sessions where the children will be taking part in lessons that form part of the SRE (Sex and Relationship Education) curriculum.

Throughout the course of the afternoons, the Year 5 teachers will lead discussion sessions with the children and answer questions about the changes that they will experience during puberty. Simple animation video clips will be used (as suggested within our scheme of learning) and the children will be given ample opportunity to discuss the content of the talk and ask questions to a member of staff within a safe environment. Please be assured that the required Year 5 elements of puberty for boys and girls, along with covering conception, will be undertaken in an informal, but not flippant manner with boys and girls being spoken to in separate classrooms.

As parents, you have the choice to withdraw your children from these sessions. Some parents prefer to tackle issues related to growing up in their own way at home. Other parents may find it difficult to speak to their children and would prefer school to help, or at least to provide a starting point. In previous years, we have managed to dispel playground misconceptions about sexual relationships and puberty and this has allayed some serious concerns that children can have about their own bodies and growing up.

If you **do not** wish for your child/children to take part in the SRE sessions over the following weeks, please could you **return the attached slip by Wednesday 15<sup>th</sup> June.**

Yours sincerely,

Mrs Clark and Miss Hannam

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### **Year 5 Sex and Relationships Education Sessions in Term 6**

I **do not** give permission for my child to participate in the Year 5 Sex and Relationships Education sessions (content as outlined in the letter above).

**Child's Name:** \_\_\_\_\_

**Class:** \_\_\_\_\_

**Signature:** \_\_\_\_\_



Part of Keystone Academy Trust  
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